



**Fremont Police Department**  
1141 West State Street, Fremont, Ohio, 43420  
Dispatch (419) 332-6464  
Records Bureau (419) 334-5919  
Fax (419) 334-5910  
Direct (419) 332-5331

**PHYSICIAN'S APPROVAL**

\_\_\_\_\_ has applied to take a fitness battery to qualify for the position of Police Patrol Officer for the City of Fremont Police Department, Fremont, Ohio through the Fremont Civil Service Commission.

The testing consists of a 1.5 mile run, a series of push-ups, and a series of sit-ups with a rest period in between exercises.

- \_\_\_\_\_ 1. I know of no reason why he/she may not take the fitness tests listed.
- \_\_\_\_\_ 2. I recommend that the above individual should not take the fitness tests listed.

\_\_\_\_\_  
Physician's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Physician's Telephone Number

\_\_\_\_\_  
Physicians Name Printed

**MEDICAL RELEASE**

KNOWN ALL BY THESE PRESENT, that I \_\_\_\_\_ for good and valuable consideration received to my full satisfaction, including but limited to an opportunity to compete for appointment to the position of Patrol Officer in the City of Fremont, do hereby for myself, my family and dependents, my executor, administrator, heirs or assigns, release and forever discharge the City of Fremont, Ohio its officers, agents, and employees of the City of Fremont, Board of Education, and Fremont Civil Service Commission from any and all claims, demands, action, whatsoever which have arisen or may after arise, as the result of my participation in the physical ability portion of the Patrol Officer examination after having been fully advised of the contents, requirements, and strenuous nature of said physical ability examination.

I further acknowledge that I have carefully read the foregoing release; that I know and understand the contents thereof and that I have read the instructions and descriptions of the physical ability test and the execution of this release is my voluntary act and deed.

IN WITNESS WHEREOF, I have hereunto set my hand at Fremont, Ohio this \_\_\_\_\_ day of \_\_\_\_\_ 2022.

SIGNED IN THE PRESENCE OF:

\_\_\_\_\_  
Witness Name Printed/Signature

\_\_\_\_\_  
Candidate Name Printed/ Signature

**TEST DATE SELECTION**

I elect to take the test on:

- Wednesday, June 8, 2022 at 6:00 pm       Sunday, June 12, 2022 at 9:00 am

**Required Document – Must be submitted with application by application deadline**



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**BACKGROUND CHECK RELEASE**

I certify that I have given the Fremont Police Department permission to seek a copy of my arrest/conviction record from the Bureau of Criminal Identification and Investigation, London, Ohio, the Federal Bureau of Investigation, Washington, D.C., or any law enforcement agency. I also authorize the Fremont Police Department to review or obtain copies of my school records including, but not limited to, high school, college, technical or trade schools. I also grant permission for access to my credit history and employment records from past or current employers.

Signature: \_\_\_\_\_

Printed Name: \_\_\_\_\_

Alias/Maiden Name: \_\_\_\_\_

Current Address: \_\_\_\_\_  
\_\_\_\_\_

Date of Birth: \_\_\_\_\_

SSN: \_\_\_\_\_

Agent making request: \_\_\_\_\_

Signature of agent making request: \_\_\_\_\_

The agent requesting and the Fremont Police Department assumes responsibility for maintaining the confidentiality of the requested information.

\_\_\_\_\_  
Chief of Police, Fremont, Ohio or his designee



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## **CITY OF FREMONT POLICE OFFICER EXAMINATION**

The Fremont Civil Service Commission will hold a regular Police Officer Examination for a position in the City of Fremont, Ohio, with applicants applying online with the National Testing Network.

Physical agility testing will be conducted on **Wednesday, June 8 at 6 pm or Sunday, June 12 at 9 am**. You only need to pick ONE of these test dates. Testing will be held at the Fremont Recreation Complex at 600 St. Joseph St. Fremont, Ohio 43420. You **MUST** attend one of these dates in order for your application to be considered “complete.”

All applicants must be citizens of the United States of America, have a valid permanent resident card, or have intention to become a United States Citizen. Applicants must be or agree to become upon appointment, a resident of the County of Sandusky or a county adjacent to Sandusky County. Applicants must be of a good character and have no record of a felony conviction. Applicants should have a valid driver’s license. Applicants must have attained the age of twenty-one (21) on or before the date of appointment.

Applicants, who qualify for military credit and have filed proof of said military qualification by the application deadline, shall receive an additional twenty percent (20%) credit of their composite test score, provided they have achieved a passing score without regard to this credit.

Applicants must pass the written test with a score of 70% or higher and must pass all 3 physical agility test events to be eligible for the aforementioned credits.

Applications must be completed on the National Testing Network no later than **12:00 pm on June 6, 2022**.

The City of Fremont is an Equal Opportunity Employer.

### **Task Analysis Requirements for Performance as a Police Officer**

(The following are examples only and are not intended to be all-inclusive.)

Patrols an assigned area on foot or in a vehicle; checks stores, businesses, houses and other premises for fire, burglary, and other disturbances; investigates and reports suspicious or unsafe conditions. Responds to complaints of criminal occurrences, hazardous conditions, breaches of the peace; submits reports or investigations of criminal and non-criminal matters; conducts continuing or follow up investigations on reported incidents; conducts general patrol for the detection and prevention of criminal acts.

Observes traffic hazards and conditions and acts or recommends with corrections for their abatement; investigates traffic accidents; administers first aid; enforces traffic and parking codes; assists motorists with stalled vehicles; directs traffic; observes and reports unsafe conditions throughout the City.

Makes arrest for violations of laws or ordinances; prepares files, necessary court forms and papers; testifies in court, transports prisoners to court or jail; registers and books prisoners; detains and locates treatment for hazardous or self-endangering individuals; locates lost persons.

May be assigned administrative duties such as record maintenance, procedure or rule development, assist in preparation of administrative reports, may analyze report information to enhance enforcement, investigative, or safety efforts; may assist

in training new personnel; may perform technical or specialized duties as assigned; operates or maintains departmental equipment, may assist with supervisory tasks during absence of a supervisor; attends training and/or instructional meetings; performs other related law enforcement duties as assigned; cooperates with other governmental agencies; may be called on at any time for emergency duties. Must be able to use and qualify with departmental issued firearms, chemical agents, defensive weapons and other assigned equipment. Must be able to work varied shift assignments, in all weather conditions, all environments, and topography and carry out assigned duties in hazardous and hostile situations related to law enforcement and assignments.

**Essential Skills and Abilities:**

Ability to deal effectively and courteously with others; ability to see and hear accurately to observe situations; ability to analyze and record scenarios analytically; ability to demonstrate sound judgment under stress and to react quickly and calmly in emergencies; ability to express oneself clearly and concisely, orally and in writing; ability to understand and interpret laws, ordinances, and regulations so as to enforce them with firmness, tact and impartiality; ability to develop skills in the use and care of firearms and in the operation of vehicles and departmental equipment.

**Minimum Qualifications:**

Any combination of training and experience, which indicates possession of the knowledge, skills and abilities, listed above.

**Special Requirements:**

Incumbent must be a licensed driver with a good driving record as evidence by: insurability, as determined by the City's motor vehicle insurance carrier; free of felonious driving conditions; or six (6) point B.M.V. administrative actions within the past three years; and eligible to obtain an Ohio driver's license within thirty (30) days of appointment to the position. Must be able to maintain a good driving record at all times.

The incumbent is expected to keep himself/herself in physical condition sufficient to engage in strenuous physical activity, involving lifting strength, endurance and flexibility.

Incumbent must have no felonious convictions for any offense, or any undetected felonious criminality for which criminal liability may still invoke; no first-degree misdemeanor or offense of violence over the last five (5) years. Meet all requirements of Fremont Civil Service Commission for Police applicant.

**Essential/Critical Functions:**

The functions specified below are the fundamental job duties which an employee must be able to perform based on supervisory/incumbent interviews relative to: the purpose of the position; the availability of others to perform the function; and/or the serious nature of the consequences of not requiring the incumbent to perform the function.

**Physical Requirements:**

The majority of the work is done while sitting with intermittent periods of standing and walking. Requirements include:

- Ability to communicate information both orally and in writing.
- Ability to walk, run, stand or sit for extended or intermittent periods of times.
- Ability to listen, comprehend, and respond to discussions involving either one-to-one or group settings.
- Ability to remain alert and watchful during assigned duty hours.
- Ability to transport individuals, paperwork, or related material evidence for short distances, which may require climbing stairs.
- Ability to address groups of assorted sizes in diverse settings.
- Ability to withstand extremes of climate exposure and potential exposure to health and safety hazards.

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- Ability to demonstrate, strength, endurance, and flexibility while wearing job related equipment weighing up to 25 pounds and performing such functions as lifting, pulling, or pushing.
  - Ability to operate job related equipment, including a motor vehicle, while performing multiple tasks such as radio operations, observations and note taking.
  - Ability to distinguish frequencies and sound sources.
  - Ability to make visual observations, involving color differentiation and accurate estimates of distance entailing depth perception.
  - Sufficient manual dexterity to operate job related equipment such as radios, telephones, firearms, handcuffs, cameras, etc.
  - Ability to affect physical restraint of angry violent people.
  - Ability to pass and maintain the standards of the department's general fitness examination as it relates to the essential functions of the position.

**Mental requirements:**

The position involves investigative skills, which demand predominately accurate and effective mental activity. Requirements include.

Ability to logically order information to report on, react to a given situation, which may include serious consequences.

- Ability to inspire the trust and confidence of others.
- Ability to make decisions with limited information under stress.
- Ability to cope with and diffuse situations involving angry difficult people.
- Ability to operate in the absence of clear expectations, precedence, or procedures.
- Ability to concentrate on a given task for extended periods of time.
- Ability to perform basic math functions (e.g. add, subtract, multiply, and divide whole numbers, fractions and decimals and to calculate percentages.
- Ability to compute job-related formulas in order to accurately measure distances and to complete investigations.
- Reading skills to encompass multiple levels of difficulty from basic instructions to technical material of a time sensitive nature.
- Ability to prioritize work loads while coordinating multiple demands.
- Ability to visualize scenarios when presented as written plans or oral instructions. Ability to compare letters, numbers or patterns quickly and accurately.
- Ability to demonstrate mature judgment and reasoning at all times.

**OHIO PEACE OFFICER BASIC TRAINING PROGRAM PHYSICAL FITNESS REQUIREMENTS**

Age and Gender Minimum Scores

	<b>Males (≤29)</b>	<b>Females (≤29)</b>
Sit-ups (1 min.)	<b>40</b>	<b>35</b>
Push-ups (1 min.)	<b>33</b>	<b>18</b>
1.5 Mile Run	<b>11:58</b>	<b>14:15</b>
	<b>Males (30-39)</b>	<b>Females (30-39)</b>
Sit-ups (1 min.)	<b>36</b>	<b>27</b>
Push-ups (1 min.)	<b>27</b>	<b>14</b>
1.5 Mile Run	<b>12:25</b>	<b>15:14</b>
	<b>Males (40-49)</b>	<b>Females (40-49)</b>
Sit-ups (1 min.)	<b>31</b>	<b>22</b>
Push-ups (1 min.)	<b>21</b>	<b>11</b>
1.5 Mile Run	<b>13:05</b>	<b>16:13</b>
	<b>Males (50-59)</b>	<b>Females (50-59)</b>
Sit-ups (1 min.)	<b>26</b>	<b>17</b>
Push-ups (1 min.)	<b>15</b>	<b>13* Modified</b>
1.5 Mile Run	<b>14:33</b>	<b>18:05</b>
	<b>Males (60+)</b>	<b>Females (60+)</b>
Sit-ups (1 min.)	<b>20</b>	<b>8</b>
Push-ups (1 min.)	<b>15</b>	<b>8* Modified</b>
1.5 Mile Run	<b>16:19</b>	<b>20:08</b>

\*Modified form per OPOTC Lesson Plan